





CONTEMPORARY PREMIUM LIFESTYLE SPA

Living well is fundamental to being well and this is reflected in lifestyle choices and actions which influence the way in which we feel, both mentally and physically.

Embracing a deep connection with HARNN's philosophy, heritage and inspiring feelings of wellbeing, SCape by HARNN offers a world of new and familiar urban spa experiences with a unique focus that positions the spa as an origin dedicated to the enhancement of wellbeing at every turn. Guests will be able to reawaken their senses with the refined and carefully tailored spa treatments and complemented by exceptional HARNN body care lines suited to an urban lifestyle. The selection of treatments available in such an inspiring space will allow guests to focus on the benefits of living well, while still enjoying an authentic HARNN service and a truly relaxing pampering moment.





SIGNATURE TREATMENT

URBANISTA'S SCAPE

120 minutes / THB 3,900

The ultimate journey of Juniper Atmos collection by HARNN.

A lifestyle enrichment created for the Scaper seeking a proactive approach to better living experience. Get your inner balance re-energized and enriched for the day to come !

- Clarity Back Treatmentt 20 minutes
- Triple-M Body Massage 70 minutes
- Calming Scalp Massage & Revival Hair Therapy 30 minutes
- Juniper Atmos Hand Sanitizing Spray Home care product





SCAPE GLAMOUR

90 minutes / THB 2,900

The irresistible beauty essential for our Scaper.

Enhance your total facial complexion with our skin quenching certified organic face oil and customized skin recipe. Your skin will be nourished and rejuvenated with antioxidants. The total journey leaves you feeling toned, purified, radiance and confident for your Red Carpet life.

• Nurture Me Facial	60 minutes
• Neck & Decolette Contour	15 minutes
• Hand & Arm Rejuvenating	15 minutes
• Ka-ti Coconut Milk Lip Balm 3.5 g	Home care product

DESK DWELLERS

75 minutes / THB 2,200

You deserve this treat ! If your neck, shoulders and back are tense, hands and arms are suffering either from office syndrome or excessive use of mobile phones and tablets by repetitive use of certain muscles during your day with unhealthy posture.

- Therapeutic Massage Focus on back, neck & shoulders, chest, arms & head 60 minutes
- Interactive Body Stretching session 15 minutes
- DIY Post treatment care recommendation
- Betel Vine Moisturizing Massage Balm 12 g Home care product





SCAPE SPHERE

90 minutes / THB 3,200

Keep fit and stay on top of your game

Our intense and effective muscle recovery treatment, 'SCape Sphere, enhancing muscle healing with "Cryo sphere" to prevent muscle pain, sprains and swelling.

With the combination of massage and cooling which will provide instant trigger point muscle and pain relief, that revive and rejuvenate your key muscle. This treatment Ideal for those with active lifestyle and sport enthusiasts.

- Tripple Sport Massage and Stretching 60 minutes
- SCape Cryo 30 minutes
- Bath and massage oil 60 ml. Home care product

A woman is receiving a massage from another woman in a spa setting. The woman giving the massage is wearing a light-colored uniform. The woman receiving the massage is wearing a grey and yellow top. A large, semi-transparent circular graphic is overlaid on the image, containing the text 'SPECIALTY MASSAGE' in white, sans-serif capital letters.

SPECIALTY
MASSAGE



SLOW LIFE

Medium pressure

60 minutes / THB 1,850

90 minutes / THB 2,550

A relaxing aromatic oil massage with the sole intention of maximizing comfort through palm pressure, long strokes, kneading plus Thai stretching techniques, to ease tension.

INNER BALANCE

Medium pressure

60 minutes / THB 1,850

90 minutes / THB 2,550

With unrealized effect of daily hectic lifestyle, our body and mind tend to accumulate physical and mental stress. This preventive massage combines acupressure and aromatic oil massage techniques focuses on meridians point based on traditional Chinese medicine concept of five elements to unlock natural energy flow and calm your mind.

THAI STRETCHING

Medium to Firm pressure

60 minutes / THB 1,400

90 minutes / THB 1,850

Inspired by traditional stretching exercises performed after long meditation sessions, Thai massage focus on restoring agility and relieving muscle tension with yoga-like movement using fingertips, hands, elbows and knees.



MUSCLES RELIEVE

Firm to Deep pressure

60 minutes / THB 1,850

90 minutes / THB 2,550

This massage is ideal for those who are active and involved in fitness and sport. Massage session targets deep layers of muscle with slow but firm strokes to increase blood flow and promote muscle recovery as well as increasing serotonin production for happiness.



COMPLEXION TREATMENT

Cope
BY HARRINN



RESTORATIVE FACIAL

60 minutes / THB 2,200

The ultimate anti-aging facial.

Natural anti-oxidant from Water Lily, Licorice and Cactus extracts help nourish and slow skin aging process. Firming and contouring massage techniques focus on lymphatic drainage, uplift & tone face muscle to restore your younger appearance.

BRIGHTENING FACIAL

60 minutes / THB 2,200

Achieve bright flawless complexion with White Mulberry and Cica extracts which are known as key active ingredients for clean, bright, youthful and moisturized skin.

Treatment is designed to naturally brighten skin, decrease melanin synthesis, while preventing the darkening of skin cells and strengthen skin barrier. Ideal for those requiring natural glow of healthy complexion.



GRAB
& GO



FOOT REVIVER

30 minutes / THB 700

60 minutes / THB 1,200

Concentrating on lower legs and feet begins with foot soak & scrub followed by application of Multi-fruits extracts or high anti-oxidant Marine & Algae extracts formulation.

This restorative massage targets to restore the natural flow of energy, connected from head to toe, and organs for better sleep, refreshed mind and improved metabolism.

The ultimate relaxation enhancement to any complexion treatment.

HAPPY CROWN

45 minutes / THB 1,500

An Ayurvedic head massage helps to reduce mental stress and promotes drainage of accumulated toxins. It also restores the balance of energy flow and enhances sleep. Suitable HARNN hair care will be recommended for healthier scalp and well-conditioned hair. Soothing massage apply on upper chest, shoulders, neck and arms. Specialty for hair :

- Juniper Atmos Revival Hair Serum
- Oriental Rose Hair Oil Treatment for Dry & Damaged

FACIAL ESPRESSO

30 minutes / THB 1,200

A mini complexion treatment to cleanse, nourish and unwind you within a short Scape while refreshingly touches up your look and skin radiance.

BODY BRILLIANCE

45 minutes / THB 1,500

Experience our restorative natural skin brilliance using HARNN's skin care collections. Deep body exfoliation removes dull flaky skin and stimulates the circulation, followed by the application of HARNN body moisturizer for smooth, soft and supple skin. Scrub collections:

- Jasmine Natural Body Scrub
- Oriental Rose Skin Purifying Body Scrub with Coenzyme Q10
- Oriental Herb Salt Body Polish Oil Gel
- Juniper Atmos Skin Regeneration Sugar-Mangosteen Oil Gel

A woman with dark hair tied back is shown from the side, wearing a white t-shirt and a grey and black textured robe. She is holding a white cup to her nose, smelling it. The background is a warm, yellowish-brown color. In the foreground, there is a large, semi-transparent circular overlay. Inside this circle, the words "SPA ETIQUETTE" are written in white, sans-serif capital letters, separated by a vertical line. To the right of the text, there is a blurred image of a wooden tray with a red box labeled "HARNEY" and a small white bowl containing a dessert. The overall composition is elegant and suggests a guide to spa etiquette.

SPA
ETIQUETTE

Reservations

To make a reservation at Scape by HARNN in Thailand, please contact our locations directly or email us at spa@harnn.com. A valid credit card is required to hold your reservations. All prices are quoted in Thai Baht, and are subject to change without prior notice.

Pre - arrival

Appointments begin promptly at the time scheduled. If you arrive late, your treatment may be shortened depending on availability. This is to ensure that the therapist is on time for the next appointment. It is suggested that you arrive 15 minutes prior to fully enjoy your pretreatment experience.

Health Considerations

For your utmost comfort, please kindly advise us upon reservation of any allergies or ailments – especially if you are pregnant or have high blood pressure. Our receptionists will guide you on the treatments which best suit your needs.

For the appropriate recommendation to be made, kindly complete the spaconsultation form. We strongly recommend avoiding alcohol directly before or after any treatments.

Personal Belongings

We recommend that you leave your valuables at home. The spa cannot be held liable for the loss of personal items.

Tranquility

Please refrain from making loud noises or using your mobile phones while in the spa. Smoking is prohibited in the spa premises.

Cancellation

Please be advised that we have a 24-hour cancellation and reschedule policy. Cancellations less than 24 hours will incur a 50% charge. Cancellations less than 12 hours will incur a 100% charge.

Tax

All prices are inclusive of tax and quoted in Thai Baht.





SCape by HARNN at centralwOrld
1st floor, beacOn zOne, centralwOrld
Tel. +668-0067-3990

SCape by HARNN at EmQuatier
1st floor, The Waterfall Quartier
Tel. +666-1265-3730

SCape by HARNN at Central Pinklao
1st floor, Zone C, Central Pinklao
Tel. +66-2115-6009